

Samhita Siddhant
6-day CME for Teachers Module

Unit	Topic	Course Contents	Duration in Hours
1.	Padartha Vigyan	Definition and derivation of pada, its indepth meaning, importance of padarthavigyan	1 ½ Hour
2.	Shad padartha	Padartha in different philosophies, Shad padartha in Ayurveda, clinical interpretation of shad padartha.	1½ Hour
3.	Karana dravya	Descriptive study of karana-dravya, Ayurvedic interpretation of karana-dravya	1½ Hour
4.	Fundamental principles	Scope, need and utility of philosophy in Ayurveda, Basic concepts of different schools of thought	1½ Hour
5.	Cause-effect theory	Different theories regarding the relationship of cause and effect, Ayurvedic approach of cause effect theories, Utility and applicability of cause effect theory in clinical practice and research.	1½ Hour
6.	Comparative philosophy	Brief outline of basic principles of Ayurveda, Similarities and dissimilarities of those siddhantas with other philosophical schools, Need of alteration to incorporate in the clinical field.	1½ Hour
7.	Tantrayukti	Ned & Scope to study tantrayukti, Etymological derivation and meaning.	1½ Hour
8.	Descriptive study of tantrayukti	Tantrayukties in contemporary texts and Tantrayukti in Ayurveda.	1½ Hour
9.	Tantrayukti as a tool of textual study	Tantrayukti as means and method of study and teaching	1½ Hour
10.	Scientific analysis of tantrayukti	Scientific analysis of tantrayukti	1½ Hour
11.	Clinical interpretation	Clinical interpretation of tantrayukti and its practical utility	1½ Hour
12.	Athasraya, Kalpana	Definitions, need and scope of Arthasraya and kalpana	1½ Hour
13.	Arthasraya	Arthasraya as per different Acharyas, Analysis of Arthasrayas, practical utility as a tool of learning	1½ Hour
14.	Kalpana	Descriptive study of kalpana, Ayurvedic interpretation of kalpana, Analysis of kalpana in clinical practice and research.	1½ Hour
15.	Itihas	Importance of History and its Teaching and learning methodology. Importance of History- why to be taught, how to taught, how it helps in improving the knowledge.	1½ Hour
16.	Pramana	Concept of Pramanas in Teaching and Research along with their importance, need and practical application.	1½ Hour
17.	Concept of mana, atma and indriya in manasa vigyan.	Concept of mana, atma and indriya in manasa vigyan in clinical aspect, clarity on Indriya & Indriyadhithana, Indriya Panca-Pancaka & Indriyatha prakryakausita Detail aspect of Psychiatry & spiritual aspect of Vedanta & Ayurved with other Philosophies too.	1½ Hour
18.	Panchamahabhuta	Concept of Panchamahabhuta and its practical applicability in chikitsa. Evolution of Mahabhutas, Panchkarana & Bhutanupravesha theory to be explained with some practical examples from chikitsa.	1½ Hour

19.	Epistemology	Introduction of epistemology – Tools of correct knowledge and their application in Ayurveda. Use & application of Pramas as described in point No. 14 to be more emphasised for evaluation & assessment of observations & results like statistical data in research.	1½ Hour
20.			1½ Hour
21.			1½ Hour
22.			1½ Hour
23.			1½ Hour
24.			1½ Hour
	Pre and Post training assessment	Assessment and Feedback forms may be given to participants before the commencement of sessions, so that they fill the forms at the end of each session/day and put them in sealed envelops.	01 hour
		TOTAL	37 Hours